


irador
Retirement Coastal-Style
Bistro

Soup

French Onion..\$1.00
Soup of the Day..\$1.00

Entrées

Gulf Shrimp Angel Hair with Wine..\$8.95

Char~Grilled Filet Mignon..\$9.50
Five~Ounce Beef Tenderloin

Chicken Fried Steak..\$5.25
With Mashed Potatoes & Country Gravy

Lemon~Oregano Chicken Breast ♥..\$6.50
Antibiotic & Cage Free from Englewood, Colo.

Sandwiches

West Coast Turkey..\$5.50
Bacon, Avocado, & Swiss
On Cracked Wheat

Black Forest Ham ..\$5.50
With Swiss on Marble Rye

Ham & Cheese Panini..\$6.50
With fresh Basil Pesto, Kalamata Olives, Tomato, & Italian Dressing

Mirador Cheese Burger..\$4.85

B.L.T.A. Croissant..\$5.60

Spinach~Portobello Panani □..\$5.50
Sautéed with Garlic & Herbs, Melted Provolone and Roasted Pepper

Salads

Chef Cobb..\$6.25
Turkey, Wright's Bacon, Avocado, Jack Cheese, & Candied Pecan, With Lime~Chipotle Dressing

Spinach Salad..\$5.50
Warm Bacon Dressing, Hardboiled Egg, Red Onion, & Bacon

Gulf Caesar..\$5.50
Traditional Caesar Salad with Grilled Shrimp
Can be substituted with Chicken Breast or Daily Fish Special

Isabel's Salad ♥..\$4.75
Chicken & Tuna Salads,
Boiled Egg, & Sliced Avocado

Side Dishes

Mashed Potato..\$.75

Baked Potato..\$.90

French Fries..\$.50

Gingered Brown Rice ♥..\$.50

Creamed Spinach..\$.50

Cottage Cheese ♥..\$.75

Sweet Potato Fries..\$.50

Cole Slaw..\$.50

Baked Sweet Potato..\$.90

Tomato~Avocado ♥..\$2.50

Small Garden Salad ♥..\$1.50

Large...\$2.50

Chilled Daily Vegetable Salad..\$.90

Gluten - Free bread available on request
Potato Chips Included With Sandwich

♥ = Denotes A Healthier Choice Option